

Sinéad Cassidy Holt



Playing Range: 16-27	Height: 165cm
Agent: Morgan The Agency	Eyes: Hazel
Phone: +353 (01) 6614572	Hair: Dark brown
Email: info@morgantheagency.com	Frame: Medium/Curvy
Training	
The Gaiety School of Acting	Introduction to Acting
Bow Street Academy for Screen Acting	Part time & Advanced
The New York Conservatory for Dramatic Arts	Intensive course
The Lir Academy	(currently)
Actors Lab 1	Shimmy Marcus
Actors Lab 2 (Stanislavsky, Meisner, Adler, Strasberg & Hagen methods)	Eve Bianco
Physical Theatre	Bryan Burroughs
Acting Technique	David Horan
Commercials & Voice Over	Lane Binkley
Movement (Suzuki & Viewpoints method)	Daniel Cohen
Improvisation	Joe DeGise II
Voice & Speech (Kristin Linklater method)	Colleen Gleason
Script Study / Acting for TV & Film	Grant McGowen
Stuntwork, Fight Sequences & Weaponry	Tony Mita
Voice, Singing for Broadway, Breathwork & Vocal Breakdown (Kristin Linklater method)	Mike Walsh
Acting, Voice & the American Accent	Gerry Grennell
Improvisation & Creating a Character	Sarah Hone
Scene Study	Lydia McGuinness
Scene Study	Dale Leadonbolger
Filmmaking	Kevin O'Farrell
Expression & Confidence	Donal Courtney
Script & Text Analysis	Mary Kate O'Flanagan

Voice & Accents	Helena Walshe
Intimacy	Ita O'Brien
Stage Combat 2	VCC Stunts
Voice, Alexander Technique & Shakespeare	Wesley O'Duinn
Scene Work	Josh Greigo
Audition Workshop	Maureen Hughes
Finding the Moment	Cathy Brady
Self tape breakdown	Chandra Ruegg
Casting	Marci Laroff
Audition breakdown	Karen Ryan

Screen experience (TV & Film)

Title	Role	Company	Director
A Hell of a Difference	Meredith	DeepRed Productions	Steve Broekhuizen & Emmet O'Brien
Ransom 79	Clerical Officer	John Kelleher Media	Colm Quinn
The Northside Shtory	Ma	3 Productions	Jordan Lennon
Suit Hung, Tied Tongue	Sinead	Standard Practise Productions	Sau Dachi
Mortina	Nora, Nicholas, Frostine, Rotten	RTE, Treehouse Republic & Rai Kids	Andrea Castellani
Bloodline Detectives	Deb Ehman	Peninsula Television	Aoife Breathnach
Evidence of Evil	Sandra	CBS / ABC	Aine O'Neill
The Professionals: Danger Pays	Student	Bharat Nalluri	Paramount
Where We Left it	Kiki	Four Quadrant Films	Jason Forde
Forget Me Not	Clara	Sin E Productions/ HSE	Sinead Cassidy Holt
Pins in her Eyes	Mary	Night Star Dance Company	Ingrid Nachstern
Terratoma	Director	N/A	Liadan Roche
Before You Can't	Nicole	Shuttermaniac Productions	Eric Fitzgerald
Desiderium	Ellen	Mulligan Productions	James Mulligan
Flatmate from Hell	Claire	Bad Example Media	Darragh Maguire
UCD Spirituality Assesment	Emily	Big 10 Productions	Padraig J Dunne
Here They Come	Laura	Sweet Peace Productions	Sean Brien
Forever	Sadie (young)	N/A	Stephen Thomas Forde
Behind the Mask	Vicky	N/A	Stephen Thomas Forde
Conversations with Myself	Kate	Brady Films	John Brady
V9	Alex & Abel	Dystopian Hog Productions	Peter O'Toole
ThomP 2 Socks	Commercial voice	Codarc Films	Conor D'Arcy
Get Out	Mother	N/A	Annmarie Kelly
Lad Bible X Centra	Host	Lad Bible	Peggy O'Neill

Theatre experience

Title	Role	Company	Director
Little Shop of Horrors	Audrey	OLV Productions	Laura Greene
Hairspray	Tracy Turnblad	OLV Productions	Laura Greene
Grease	Frenchy	OLV Productions	Laura Greene
Wicked	Madam Morrible	OLV Productions	Laura Greene

Skills

Skills: Horse riding, camel riding, weight lifting, reading, baking/cooking, hiking, screaming, improv, dance, scuba diving, directing, writing, stuntwork, tag rugby, orienteering, badminton, football, basketball

Accents:

U.S: General American, Californian (Valley), Midwest, Southern, Inland North American English

U.K: R.P, South London, Cockney, West Midlands

Irish: Dublin North, Dublin South (D4), West of Ireland, Northern Irish, General Irish

Rest of World: Eastern European, Australian